

My String Playing

Care sheet.



Name of Musician:



**HOW TO LOOK AFTER YOUR
STRING INSTRUMENT
AT HOME AND AT SCHOOL**



Our instruments are expensive pieces of equipment
which need to be looked after very carefully!

Here are the



Four Golden Rules



We will follow to keep our
instruments happy.

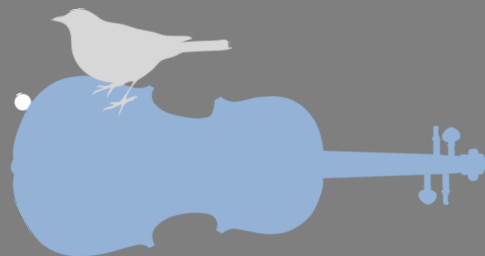
I WILL KEEP MY STRING
INSTRUMENT SAFE!

I will make sure I keep my instrument in its case at all times when I am not playing it. Even the smallest of knocks could damage my instrument and make it unplayable.



**MY INSTRUMENT AND BOW
BELONGS TO ME ONLY!**

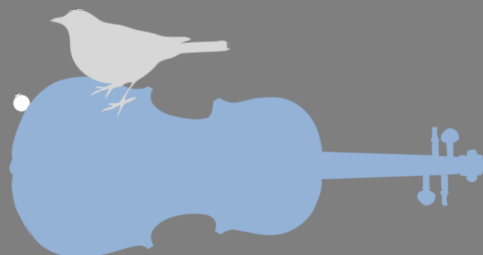
I won't let anyone else play my instrument or touch my bow, they could easily break either as they won't know how to handle them properly.



**I WILL KEEP MY STRING INSTRUMENT
AND BOW COOL AND DRY!**

I will make sure I keep my instrument and bow away from hot radiators, and make sure they don't get wet.

I will never leave my instrument or bow outside.



**I WILL PLAY MY
STRING INSTRUMENT EVERY DAY!**

I will play my instrument as often as I can, so that I will keep making progress. It is really important that I play at home as well as in School

If I play my instrument regularly it will stay in much better condition than if I leave it in it's case for a long time.



BEFORE EVEN OPENING MY
INSTRUMENT CASE I WILL:

Make sure my case is the right way up so my Instrument won't fall out when I open it.

I will also make sure my Instrument is taken out of it's case on a flat table where it wont fall off.





BEFORE I START PLAYING

MY INSTRUMENT I WILL:



1. Carefully lift my bow out of the case. I will never touch the horse hair of the bow, and will only hold it by the heel (A).
2. Tighten my bow ready for playing, this is usually three turns to the right. If I am unsure of how tight it needs to be, I will ask my music teacher.
3. Make sure my Instrument is in tune: I will only ever tune using the bridge tuners. I will never adjust the tuning pegs at the top of my instrument. If I need help tuning my instrument, I will ask my music teacher.
4. Warm myself and my instrument up. I can practice some warm up exercises that my teacher has given me.



AFTER I HAVE FINISHED PLAYING MY INSTRUMENT I WILL:



1. Loosen my bow back to how it was when I got it out of my case. This is done by turning to the left. I will then put my bow safely back in my case, being careful not to touch the Horse hair.
2. Very gently wipe down the strings of my instrument with a clean soft cloth to remove any rosin dust left on my strings, otherwise they will go sticky.

3. Carefully take off the sponge from my Instrument, I will keep this safe in the pocket of my case.
4. Put my Instrument back in its case making sure both my instrument and bow are in correctly before closing it. I won't keep anything else in my case except for my instrument
I will keep my Instrument in a safe place when I have finished playing.